

Kids Breakfast Menu

Gluten Free Options available in our Free From section

BREADS & PASTRIES

Croissants

(contains allergens 6 wheat, 7, 11)

Pain au Chocolat

(contains allergens 6 wheat, 7, 11)

Cinnamon Swirl

(contains allergens 5 nut traces, 6 wheat, 7, 11)

Toast

(contains allergen 6 wheat)

A selection of condiments and butter are available from our buffet section



FRUIT & JUICES

A selection of Fresh Fruit

Fruit Smoothies (contains allergen 7)

Orange Juice (contains allergen 9)

Apple Juice (contains allergen 9)

Cranberry Juice (contains allergen 9)

CEREALS

Kellogg's Corn Flakes

(contains allergens 6 barley)

Kellogg's Rice Krispies

(contains allergens 5 nut traces, 6 wheat, barley)

Kellogg's Coco Pops

(contains allergen 6 barley)

Weetabix

(contains allergens 5 nut traces, 6 wheat, barley)



HOT BREAKFAST SELECTION

Pancakes

(contains allergens 5 nut traces, 6 wheat, 7, 8, 11)

Waffles

(contains allergens 5 nut traces, 6 wheat, 7, 8, 11)

Kids Hot Irish Breakfast

Choose from bacon, sausage, beans, egg, mushrooms and hash brown from our hot buffet

(Contains allergens 6 barley, 7, 8, 9, 11)

We delight in bringing our guests the healthiest of options to enjoy for breakfast, lunch and dinner. All of our dining options are baked, not fried and our food is supplied by local Irish suppliers. Enjoy your meal. Turn to the back to do some fun activities!

ALLERGEN INDEX

No.1 – Crustaceans	No.5 – Nut	No.9 – Sulphur Dioxide	No.13 – Mustard
No.2 – Molluscs	No.6 – Cereal containing Gluten	No.10 – Sesame Seeds	No.14 – Lupin
No.3 – Fish	No.7 – Milk / Milk products	No.11 – Egg	
No.4 – Peanuts	No.8 – Soya	No.12 – Celery & Celeriac	



Time to
Colour



Word Search



MELON
STRAWBERRY
CHERRY
PINEAPPLE
BANANA
PEACH
PEAR
MANGO
WATERMELON
GRAPES
APPLE
LEMON

AVOCADO
KIWI
PLUM
ORANGE

W	Q	L	S	M	A	N	G	O	L	O	E	R	O
N	U	A	U	T	V	N	G	C	D	M	A	F	H
G	R	V	O	C	R	L	D	A	P	E	K	A	Z
G	B	A	N	A	N	A	C	N	P	U	P	L	M
V	C	I	E	F	P	O	W	M	T	T	L	E	D
W	H	N	M	K	V	E	Q	B	H	E	U	M	O
P	E	L	H	A	A	D	A	U	E	F	M	O	R
B	R	E	H	E	M	Y	C	C	I	R	E	N	A
A	R	U	P	R	O	Y	W	G	H	P	R	B	N
P	Y	W	A	T	E	R	M	E	L	O	N	Y	G
P	P	H	M	Z	T	U	G	R	A	P	E	S	E
L	P	I	N	E	A	P	P	L	E	K	I	W	I
E	M	E	L	O	N	S	P	B	Y	Z	P	H	O
I	T	L	F	G	O	F	I	F	J	C	E	V	O