HEALTHY START

ORGANIC IRISH PORRIDGE ............................................ €5.50
With soya milk
(allergen 6 wheat, Oats, 8)

With whole milk
(allergens 6 wheat, Oats, 7)

BIRCHER MUESLI, MIXED BERRIES ................................... €7.00
(allergen 5 assorted nut, 6 wheat, Oats, 7)

CHIA PUDDING .............................................................. €7.00

SOYA MILK, TOASTED SEEDS & BERRIES
(allergen 8)

PASTRY SELECTION

JUMBO FLAKY CROISSANT ............................................. €3.80
(allergen 6 wheat, 7, 8, 10, 11)

JUMBO PAIN AU CHOCOLAT ......................................... €3.80
(allergen 6 wheat, 7, 8, 10, 11)

TRIPLE CHOCOLATE & ORANGE MUFFINS ...................... €3.80
(allergen 6 wheat, 7, 8, 10, 11)

BLUEBERRY MUFFINS ...................................................... €3.80
(allergen 6 wheat, 7, 8, 10, 11)

FRESHLY BAKED SCONES ................................................ €3.80
(allergen 6 wheat, 7, 8, 11)

SIGNATURE BREAKFAST

EGG BENEDICT HOLLANDAISE & BACON ....................... €9.50
(allergen 6 wheat, 7, 8, 10, 11)

EGG FLORENTINE HOLLANDAISE & SPINACH ................. €9.50
(allergen 6 wheat, 7, 8, 10, 11)

SCRAMBLED EGGS SMOKED SALMON, CAPER BERRIES. €10.00
(allergen 3 salmon, 7, 8, 9, 11)

AVOCADO TOAST, SOURDOUGH, AVOCADO, .......... €12.50

POACHED EGGS
(allergen 5 nut, 6 wheat, 7, 8, 10, 11)

PANCAKES, MAPLE SYRUP, BERRY COMPOTE ............... €11.00
& MASCARPONE
(allergen 6 wheat, 7, 11)
BEVERAGES

ORANGE JUICE .............................................................. €3.00
(allergen 9)
CRANBERRY JUICE ......................................................... €3.00
(allergen 9)
APPLE JUICE .................................................................... €3.00
(allergen 9)

COFFEE/TEA

IRISH BREAKFAST TEA ..................................................... €3.00
DOUBLE ESPRESSO ......................................................... €3.50
ESPRESSO ....................................................................... €2.90
MACCHIATO ................................................................... €3.50
AMERICANO .................................................................. €3.50
LATTE .............................................................................. €3.90
CAPPUCINO ................................................................. €3.90
FLAT WHITE .................................................................... €3.90
SELECTION OF TEAS & HERBAL INFUSIONS .................... €3.50
HOT CHOCOLATE ........................................................... €3.90

ALL OUR MEATS & FISH ARE OF IRISH ORIGIN
PLEASE NOTIFY A MEMBER OF OUR TEAM REGARDING ANY ALLERGIES
OR FOOD INTOLERANCES

ALLERGEN INDEX

NO1 CRUSTACEANS  NO8 SOYA
NO2 MOLLUSCS  NO9 SULPHUR DIOXIDE
NO3 FISH  NO10 SESAME SEEDS
NO4 PEANUTS  NO11 EGG
NO5 NUTS (SPECIFY NUT)  NO12 CELERY AND CELERIAC
NO6 CEREAL CONTAINING GLUTEN  NO13 MUSTARD
NO7 MILK/MILK PRODUCTS  NO14 LUPIN